

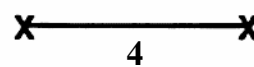
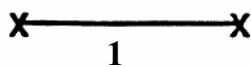
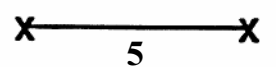
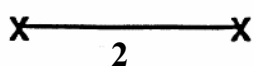
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English Riding Level 1

1. This level was written for 8-9 year old children without an indoor, and should take about a year for a beginner to accomplish.
2. Regular instruction is needed as well as nearly daily riding practice, weather and daylight permitting.
3. It is best to start on the longe line until the rider feels balanced and comfortable in the saddle. At first he/she should hold on to the saddle.
4. Once the rider has his/her balance, hands should be held in the rein position and the elbow joint must open and close as the rider rises and sits to the trot.
5. When being tested, turnout should be as neat and clean as possible. The horse should be groomed, according to breed and be properly shod or trimmed. The examiner should be strict when judging this, as this is practice for fitting and showing.
6. The aids to halt are: Close the legs and the fingers, moving the pony up to a fixed hand. The amount of pressure added by the hands must be matched by the release of pressure by the legs. -Reins should be short enough so pulling back is not necessary. The same aids are used to move a pony forward except the fingers give. At the halt the horse should stand attentive, still and straight.
7. When riding/judging the course of poles, the rider is expected to make an adequate circle at the rising trot, use rising trot between the poles, jump position over the poles, approach the poles in a straight line, cross the poles in the center, use the entire end of the ring when turning, and keep a good steady rhythm and pace.
8. **THE RIDER MUST HAVE INDEPENDENT HANDS. HE/SHE MUST NOT USE THE REINS TO HOLD ON TO RISE TO THE TROT OR KEEP HIS/HER BALANCE.**
9. An aid is a cue that one uses to communicate to a horse what the rider wishes him to do. A rider must always use the same aids when asking for a particular movement. Aids should be as subtle as possible: only as strong as needed to evoke the desired response. Natural aids are the hands, legs, weight and voice. Artificial aids are spurs and crops. They enforce and enhance the natural aids.
10. This test may be taken in 3 parts: Part 1 - Presentation & Preparation; Part 2 - Riding Test; Part 3 - Jumping. All parts must be passed to pass the level.

ENGLISH RIDING LEVEL 1

Trot over the following course of poles on the ground. Walk in, trot a circle, trot the course in a posting trot, except use jumping position over the poles. Each pole and approach is 5 points.



1 _____ 2 _____ 3 _____ 4 _____ 5 _____ 6 _____

ENGLISH RIDING LEVEL 1

NAME OF MEMBER:

DATE:

4-H CLUB:

TOTAL POINTS: 210

NEEDED TO PASS: 189

RATER:

TOTAL SCORE:

| Scale 1-5 | PRESENTATION | SCORE |
|--|--|-------|
| | 1. Pony/horse clean, well-groomed | |
| | 2. Feet properly shod or trimmed | |
| | 3. Tack clean, safe, appropriate, adjusted properly | |
| | 4. Rider clean and neat with proper boots (with heel) (Rider should try to mount independently) | |
| Scale 1-5 | PREPARATION | |
| | 1. Demonstrate the proper position at halt and explain | |
| | 2. Demonstrate how to hold the reins and explain | |
| | 3. Demonstrate how to lengthen and shorten the reins | |
| | 4. Name the natural and artificial aids | |
| | 5. Explain the aids used to move the pony/horse forward and demonstrate | |
| | 6. Explain the aids used to halt the pony/horse and demonstrate | |
| | 7. Explain the aids used to make a circle, demonstrate at the walk | |
| <p>LONGEING PASS/FAIL</p> <p>ON A LONGE LINE. WITHOUT HOLDING THE REINS, THE RIDER MUST DEMONSTRATE THE CORRECT POSITION OF THE BODY AND HANDS AT THE WALK AND RISING TROT IN BOTH DIRECTIONS IN ORDER TO MOVE ON TO LEVEL 2.</p> | | |
| <p>JUMPING TEST</p> <p>Those candidates wishing to ride English, but not wishing to jump may do Western trail and patterns. Scoring will have to be adjusted.</p> | | |
| Scale 1-10 | | |
| | 1. Walk over four ground poles in jumping position (5) and explain the jumping position. (5) | |
| | 2. Trot over four ground poles in jumping position (5) and explain the horse's movements over a fence (5). | |

INTRODUCTORY LEVEL – TEST 1 (WALK-TROT)

No. _____

REQUIREMENTS

Halt
Working Walk
Working Trot Rising
20 meter circle

RIDING LEVEL 1 TEST POINTS 105

DIRECTIVE IDEAS

| Scale 1-5 | TEST | DIRECTIVE IDEAS | Points | Co Efficient | Total | REMARKS |
|-----------|---------------|------------------------------|--------|--------------|-------|---------|
| 1 | A | Enter at working trot rising | | | | |
| | Between X&G | Halt Salute | | | | |
| 2 | From the halt | Proceed working walk | | | | |
| | C | Track right | | | | |
| 3 | | Working trot rising | | | | |
| 4 | M-F-A | Proceed working trot rising | | | | |
| 5 | A | Circle right 20 meters | | | | |
| 6 | Between A&K | Working walk | | | | |
| 7 | K-E-X | Working walk | | | | |
| 8 | X-B-M C | Working walk | | | | |
| 9 | M | Working trot rising | | | | |
| 10 | C | Circle left 20 meters | | | | |
| 11 | C-H-K | Proceed working trot rising | | | | |
| 12 | Between K&A | Working walk | | | | |
| 13 | A | Down center line | | | | |
| 14 | X | Halt, Salute | | | | |

Leave arena in free walk on long rein. Exit at A.

COLLECTIVE MARKS:

| | | | | |
|---|----|---|--|--|
| Gaits (freedom and regularity) | 5 | | | |
| Impulsion (desire to move freely forward in a clear and steady tempo) | 5x | 2 | | |
| Submission (obedience, confidence and relaxed acceptance of the aids: horse should be ridden on a light but steady contact) | 5x | 2 | | |
| Rider (correctness of position: balance and harmony with horse. Effectiveness and use of aids) | 5x | 2 | | |

Further Remarks:

Subtotal _____

Errors _____

Total Points _____