

Orange County Parenting Education Directory



Because Kids
Don't Come
With Directions!



Sometimes being a parent isn't easy...

Whether you are expecting your first child or parenting a teenager, we all need assistance at times to be the very best parent we can be!

Three important questions to ask when choosing a parenting program are:

1. What are the specific topics covered in the program?
2. Will I get information related to the age of my child(ren)?
3. How well does this program fit my schedule and budget?

The resources provided in this brochure represent the diverse parenting education programs and support services offered in Orange County. For information on other parenting resources, including programs for students, you may want to contact your local school, hospital, health care provider, library, and/or religious organization or dial United Way's "211" number.

About the Orange County Parenting Coalition

We are a group of parents, teachers, individuals and agency representatives who understand parenting to be a learned skill. We are dedicated to ensuring that all parents and caregivers have access to programs and services to further develop the skills needed for competent parenting.

Please join our group!

Questions???

Call Cornell Cooperative Extension
845-344-1234

www.cce.cornell.edu/orange

Parent Education Program	Location	Fees	# of Sessions	Time	Sponsoring Agency	Registration Contact/Phone
Families Learning Together (English & Spanish) For parents with developmental disabilities	Middletown, Newburgh, Port Jervis	Free	10	Day Evening	Action Toward Independence OMRDD	343-4284
Discipline is NOT a Dirty Word For parents of children 2-10 years	County-wide	\$30	4	Day Evening	Cornell Cooperative Extension Kiwanis of Middletown & Newburgh NYS Office of Children & Family Services OC Office for the Aging NYSOCFS OC Youth Bureau	344-1234
Living With Your Teen For parents of children 10-15 years	County-wide	\$30	3	Evening		
Relatives As Parents Program (RAPP) For grandparent and relative caregivers ◆ Parenting The Second Time Around ◆ Relative Caregiver Support Groups	Newburgh, Middletown, Central Valley	Free	Ongoing	Day Evening		
Stepping Stones for School Success/Bookstart For parents of children 2 - 6 years	County-wide	\$30	2-6	Day Evening		
Strengthening Families Parenting Program For parents and children 10 -14 years	County-wide	Free	7	Evening		
Parents Apart For parents who are separating, divorced, or never married	County-wide	\$60	3	Evening Saturdays		
Parents of Teens Monthly Seminar For parents of challenging teenagers	Goshen	Free	1	Evening		
SMART Moms – Single Mothers Addressing Real Tasks For moms to help them cope with real life issues	Newburgh	\$1	10	Evening	Jewish Family Services	341-1173
DBT Family Group For parents of children to age 18 with high risk or oppositional behaviors	Newburgh	Sliding Scale	8-10	2x/year Evening	Occupations, Inc.	562-6850
Videos and Views For parents, professionals and youth	Newburgh, Middletown, Port Jervis	Free	1	Day Evening	Orange Co. NETWORK Family Empowerment Council	343-8100
Empowering Families Through ART: Aggression Replacement Training For parents and youth	Middletown	Free	8	Evening	Orange County Youth Bureau Department of Mental Health	615-3620 291-2600
Table Talk: Parent-Child Communication About Sexuality For parents of children 8 - 11 years	County-wide	Free	1	Evening	Planned Parenthood of Mid-Hudson Valley	562-3098
Systematic Training for Effective Parenting (STEP) For parents of children 0-18 years	Goshen	\$100 series, \$160/Couple \$18/Book	9	Evening	STEP Publishers www.tiredofyelling.com	343-7845
Parenting Group at Good Samaritan For parents of children 0-16 years	Walden	\$10 Refundable	6	Evening	Trinity Evangelical Lutheran Church	778-7742

Expectant / New Parent Programs – Please call your local hospital

Other Parenting Services

Alcoholism & Drug Abuse Council

224A Main St., Goshen
294-9000; 9-5 M-F; www.adacinfo.com
Prevention education and information and referral for all parents.

Archdiocese of New York Parent Education Ministry

896-0728, www.FLRL.org
Educational support groups for parents of young children.

Babies "R" Us

88 Dunning Rd., Middletown. 956-4050
Bilingual parenting, pre-natal, and grandparent seminars, as well as child development and "bonding with baby" seminars.

Big Brothers Big Sisters of Orange County

253 South William Street, Newburgh
562-5900 342-3939 1-888-412-BIGS
www.mentorachild.org
Professionally supported mentoring services to children ages 4-15 from single parent and guardian headed households throughout Orange County.

Child Care Council of Orange Cty., Inc.

40 Matthews St., Ste. 103, Goshen; 294-4012
www.childcarecounciloc.org
Helpline-1-800-827-1751, 8:30 - 4:30 M-F
Assisting parents seeking child care, training and technical assistance to existing and prospective programs. Education and resources on quality Child Care and Early Learning options.

Cornell Cooperative Extension Orange County

Community Campus, 18 Seward Ave., Suite 300
Middletown; 344-1234, 8:30-4:30, M-F
www.cce.cornell.edu/orange
Workshops, training, lending library and resource and referral for parents, grandparents, caregivers and educators. Consumer Helpline: parenting, nutrition, finances, home-buyer education.

Dispute Resolution Center of Orange/Putnam/Sullivan/Ulster

14 Scotchtown Ave., PO Box 510, Goshen; 294-8082
Provides education, mediation and conflict resolution for parents and teens who are experiencing family difficulties.

Healthy Families, Occupations, Inc.

21 Grand St., Newburgh; 562-7244 x300
16-24 Union St., Middletown; 343-5556 x237
Home visiting program provides support, education and referrals to expectant and new parents.

Maternal-Infant Services Network

PO Box 548, Central Valley; 928-7448
1-800-453-4666, 9-5, M-F; www.misn-ny.org
Childbirth, breastfeeding and preconception health workshops; enrollment into Child and Family Health Plus; Newburgh Adolescent Pregnancy Prevention and Parenting Support Project.

Mental Health Assn. in Orange Cty., Inc.

20 Walker St., Goshen; 294-7411
Helpline 24 hr. 294-9355 or 1-800-832-1200
Parenting education workshops, resource referral, and support groups for parents with developmental and psychiatric disabilities, and their families. Support groups for eating disorders, rape crisis, autism group, super siblings.

Open Space Newburgh; 863-0820

An arts and literacy based weekly program for teen parents and their children.

Orange County Dept. of Health

124 Main St., Goshen; 291-2332
Workshops, training and information on health issues. Early intervention services for parents of children with disabilities, ages 0-3 years.

Community Health Worker Program

130 Broadway, Newburgh; 568-5284
Home-visiting services to pregnant or newly parenting women and families in Newburgh, Middletown & Port Jervis.

Orange Cty. Dept. of Mental Health

141 Broadway, Newburgh; 568-5260
146 Pike St., Port Jervis; 858-1456
Comprehensive outpatient mental health clinic, providing assessment and treatment for children and families.

Orange Cty. Dept. of Social Services

Intake Unit of Children's Services
141 Broadway, Newburgh; 568-5100, 291-2800
County wide intake unit provides crisis intervention, assessments, information and referrals to parents and children.

Safe Homes of Orange County and Orange County Family Justice Center

PO Box 649, Newburgh; 562-5365
1-888-503-HOPE (4673); www.safehomesorangecounty.org
Advocacy, support, shelter, 24-hour hotline, and referral services for families affected by intimate partner/family violence.

Orange County Youth Bureau

18 Seward Ave., Middletown; 615-3620
www.orangecountygov.com
Information and resources on delinquency prevention & youth development issues. Offers anger replacement training for parents and youth.

Planned Parenthood Education Department

280 Broadway, Newburgh; 562-3098, TASA - 565-0227
"Growing Up" workshops for young people and their parents. TASA (Teen Age Services Act)/GOALS - provides case management and referral services for pregnant, parenting and at-risk teens.

Preventing Shaken Baby Syndrome (SKIPPER)

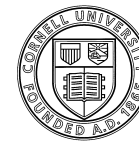
427-5442 ext. 272, www.skippervigil.com
Awareness and education about Shaken Baby Syndrome; training for parents, caregivers and child care providers.

These agencies provide educational programs for parents of children with special needs:

Action Toward Independence343-4284
Early Childhood Direction Center ..565-1162 x 240/209
Family Empowerment Council343-8100
Footings, Inc.783-7505
Inspire294-8806, www.inspirecp.org
Orange-Ulster BOCES/SETRC781-4363 x10787

Funding for the Directory was provided by Maternal-Infant Services Network through a contract with the NYS Department of Health, Orange County Youth Bureau, Babies "R" Us and Cornell Cooperative Extension Orange County.

This brochure was developed by members of the Orange County Parenting Coalition which is unable to endorse these listed services. We recommend that you contact the individual provider before selecting a program to best suit your needs.



Cornell University
Cooperative Extension
Orange County

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NYSOCFS/
Orange County
Youth Bureau

Maternal-Infant
Services Network