



Parenting Tips

CHILDREN AND CHORES

Chores help children become responsible and self-reliant. When kids complete tasks successfully, they not only learn useful skills but also develop a sense of responsibility as well. When parents recognize and appreciate the important contribution children make to the family, they help kids feel lovable and capable. Here are some guidelines for assigning chores.

- ?? Give children chores that are age-appropriate.
- ?? Give children responsibilities that are important.
- ?? Teach them how to start and complete chores.
- ?? Give children time to learn.
- ?? Give children a choice of chores.
- ?? Make chores fun.

Try to avoid rewarding kids for doing chores. Every family member should be expected to share the work and not expect to be paid. Chores should be the routine responsibilities individuals do to keep the family functioning smoothly. Usually, chores include jobs like laundry, meal preparation, shopping, cleaning, taking out the garbage, taking care of the pets, mowing the lawn and washing the car. Except for unusual or occasional jobs that are not part of the weekly routine, parents should avoid paying children to do chores.

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