

## ***AGRICULTURE PROGRAM***

In January the program "So You Bought the Farm" was held at Unadilla Central School. Thirty-one people were in attendance. This was a beginning farming program done in collaboration with the CNY Dairy team and other agriculture educators.

Staff organized and attended the "Insurance and Health Care Options for Farm Families: A Health Care Summit" for Herkimer County farmers. It was held at the Best Western in Little Falls. There were excellent speakers and information was distributed. Twenty-five farm individuals were in attendance.



Staff helped facilitate the local government seminar for town budgets at the Mohawk High School with Greg Eisenhut.



In March a workshop was held in Richfield Springs on the topic of Dairy sheep and Goat. The day was organized by Dave Balbian of the CNY Dairy team. Some excellent information was shared. There were over 40 in attendance.

## ***HUMAN ECOLOGY PROGRAM***

"Women & Heart Health" was the topic of the March Health and Nutrition Forum held in Herkimer and taught by Jean Borgia, registered dietician. Forty five professionals and interested consumers attended the program.

Nutrition staff presented two nutrition workshops ("Souper Soups" and "Easy Stir Fry") to ten United Cerebral Palsy participants. This has developed into an ongoing group, meeting monthly with home visits made to those interested.



"What's for Dinner" was the theme of a nutrition exhibit designed by CCE staff and shared at the NYS "Eat Smart NY" conference in Albany.



Nutrition Teaching Assistants made 201 home visits to 60 families; 34 recruitment visits to 7 food pantries (454 contacts); and 15 visits to 9 WIC clinic locations (152 contacts).

Sixty-eight home visits were made to 19 Even Start families; and 30 Even Start center programs were presented April through June.

Ninety-four home visits were made to twelve Family Literacy Program families.

## ***4-H YOUTH DEVELOPMENT PROGRAM***

4-H Public Presentations were held at Herkimer BOCES. Forty-five 4-H members attended. Six were selected to possibly go on and represent Herkimer County at the District contest to be held at the NYS Fair.



Twenty-four Herkimer County 4-H members participated in the 20th Annual 4-H Nutrition Fair. Nineteen 4-H'ers stayed that day to participate in the "Project Linus Quilt Sewing Clinic." Blankets are created and distributed in hopes of providing comfort to children when it is needed in places such as Little Falls Hospital, Foster Care children, school nurses, and the American Red Cross.

Received enrollment for twelve 4-H members and six volunteer adult leaders.

4-H staff attended 4-H Capital Days in Albany with two Herkimer County teen participants.

